

# Aphasia Experts in the Classroom: PWA as Mentors

Heather A. Tomlinson, M.Sc.(A), R.SLP, SLP(c)
Erika Innes, M.Sc.(A), R.SLP, SLP(c)
Association for the Rehabilitation of the Brain Injured (ARBI)

Aphasia Access Leadership Summit, March 8, 2019



## Aphasia Experts in the Classroom:

Persons with Aphasia (PWA) as Mentors

#### **Disclosures**

- Heather A. Tomlinson, M.Sc.(A), R.SLP, S-LP(c)
  - Financial:
    - Employed (part-time) at the Association for the Rehabilitation of the Brain Injured (ARBI)
    - Casual instructor, Southern Alberta Institute of Technology (SAIT)
- Non-Financial:
  - Chairperson, Calgary Aphasia Centre's steering committee;
     receives no compensation as a steering committee member



## Aphasia Experts in the Classroom:

Persons with Aphasia (PWA) as Mentors

#### Goal:

- · Increase meaningful participation in the community for PWA
- Provide health care students with opportunities to interact with PWA

#### WHO:

- Aphasia group members:
  - Association for the Rehabilitation of the Brain Injured (ARBI)
  - Calgary Aphasia Centre (CAC)
- Family members
- 1-2 Volunteers
- Students in various healthcare programs:
  - Rehabilitation therapy assistants
  - Physiatry residents
  - Occupational therapy











## HOW:

- Students attend a Supported Conversation for Adults with Aphasia (SCA™) workshop
- Students interact with PWA using SCA™
- Students attend a debriefing session





### **Outcomes:**

- ✓ PWA get to share their personal stories
- ✓ Confidence-building for PWA
- ✓ Students learn how to interact with PWA
- ✓ Now a regular offering since 2016







## Acknowledgements:

- ❖ Aphasia group members from ARBI and CAC
- ❖ Erika Innes, speech-language pathologist, ARBI
- ❖ Teren King, community rehabilitation worker, ARBI
- ❖ Ashleigh Wassmer & Barbara Funk, volunteers, ARBI
- ❖ Jennifer Stodler, instructor, Southern Alberta Institute of Technology (SAIT)

#### For more information:

Heather A. Tomlinson, R.SLP

heatherT@arbi.ca

Association for the Rehabilitation of the Brain Injured (ARBI)

www.arbi.ca