WELCOME TO THE FIRST REHEARSAL OF THE APHASIA ACCESS SUMMIT CHORUS!

Deep breathing





In 2 beats
Out 4 beats

LISTEN AN FOLLOW THE BEAT



Voice Warm ups



Hold "AH"

Start quiet

GET LOUD

Voice Warm ups

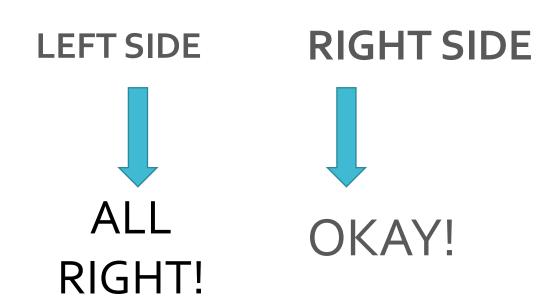


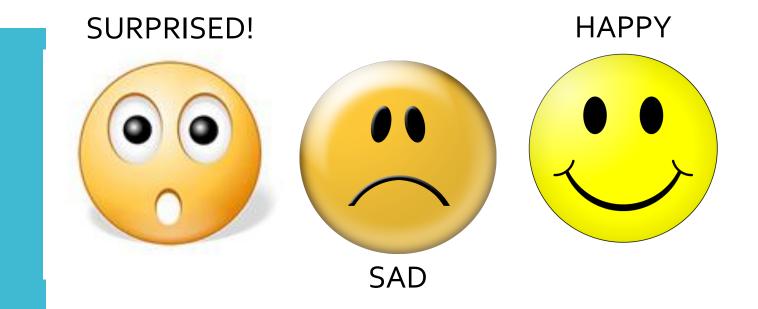
Slide from high to low

WH000



Phrases





SHOWYOUR EMOTION!

READY TO SING!!



Sing out!

the benefits of choral music singing for people with aphasia

Cindy Nichols, M.S., CCC-SLP Loyola University Maryland Clinical Faculty

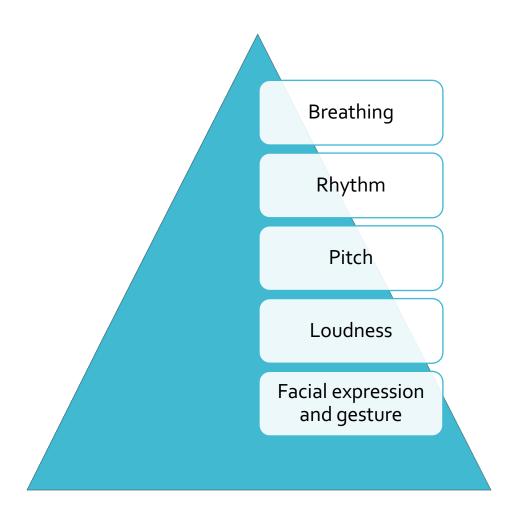




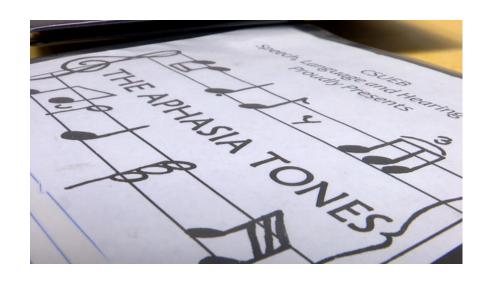
Disclosures

- Financial: I earn a salary from Loyola University
- Non-financial: nothing to disclose
- Other: I love choral singing!

WARM UPS



Inspiration by...



Evidence?

Gathering outcomes can be challenging

Increased quality of life vs impairmentbased measures Music therapy studies

Qualitative measures

- Client interview
- Surveys

Purposes of choral singing for people with aphasia



Regain, retrain and retain the ability to enjoy listening to and producing vocal music

Build vocal confidence

Build social connections

Increase communicative opportunities

Format of Loyola Clinical Center Aphasia Chorus



Weekly rehearsals with support

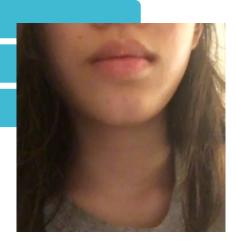
Open to people with aphasia and their partners

Graduate student directors

Client-centered repertoire

Daily practice encouraged

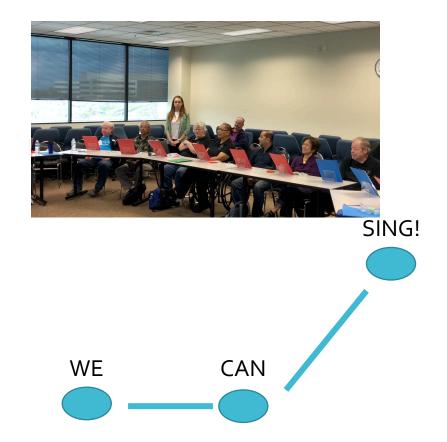
Optional performances



JUST DO IT!

- No special musical ability required
- Just some courage, enthusiasm and a bit of PR to sell your idea
- So many resources available you tube videos, Bluetooth speakers for accompaniment, colleagues who have experience

Spinging!





Check us out! Performing today at lunch

For more information or to obtain a handout with references, contact Cindy at cdnichols@Loyola.edu or other Loyola Clinical Center faculty

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