
Spirituality Group

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DEPARTMENT OF
COMMUNICATION SCIENCES
AND DISORDERS

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Disclosures



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COMMUNICATION SCIENCES
AND DISORDERS

- Financial
 - Gayle DeDe is a salaried employee of Temple University and the director of the Philadelphia Aphasia Community at Temple.
- Non-financial
 - None

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- Ice-breaker
- Oral Reading
- Discussion

- Creating a safe space for everyone
 - Non-denominational

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Readings

- Group members choose readings
 - Music, art, ethical dilemmas
- Anger is an acid that can do more harm to the vessel in which it is stored than to anything on which it is poured. ~ Mark Twain

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Benefits

- Abstract conversations
 - Loneliness vs. being alone
 - Forgiveness vs. acceptance
 - What is grace?

(aphasia severity?)

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Benefits

- “I like ... to hear everyone’s story and we don’t judge each other.
- “... We can delve more into thoughts of how people think about things.”
- “... It given me the confidence I need inside me to know that even if not making it to church I am among people who believe in something and that means a lot.”
- “I can grow; I get close to God; I learn a lot as far as myself and the issues I had ...”

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Group intervention in Primary Progressive Aphasia

Developing effective models to drive successful
communication participation, engagement and support

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Disclosures

- Aimee Reaume Mooney, M.S., CCC-SLP
 - Financial: Salaried Assistant Professor Oregon Health & Science University
 - Relevant non-financial relationships: Serve as reviewer for peer-reviewed journals
- Darby Morhardt, Ph.D.
 - Financial: Salaried Associate Professor Northwestern University Feinberg School of Medicine, Grants funded by NIH, Receive honoraria for CE courses, workshops, seminars
 - Relevant non-financial relationships: Serve as reviewer for peer-reviewed journals and grants
- Melanie Fried-Oken, PhD, CCC-SLP
 - Financial: Salaried Professor Oregon Health & Science University, Grants funded by National Institutes of Health, Receive honoraria for CE courses, workshops, seminars

Disclosures

- Dr. Angela C. Roberts is employed by Northwestern University, Pepper Department of Communication Sciences and Disorders (School of Communication).
 - Financial: She sits on the Editorial Board for the Journal of Speech, Language, and Hearing Research for which she receives an annual stipend from the American Speech-Language and Hearing Association. In the last 12-months, Dr. Roberts has received speaker honoraria from the Parkinson Foundation and Parkinson Society Southwest Ontario. Dr. Roberts received research funding (including salary support) from the National Institutes of Health.
 - Non-Financial: She holds two U.S. patents and has a nonfinancial relationship with Wearafi, Incorporated. She also sits on the Editorial Board for the Canadian Journal of Speech-Language Pathology and Audiology for which she does not receive compensation. She has an unpaid adjunct research faculty appointment with the University of Western Ontario. Dr. Roberts has an unpaid appointment on the Research Policy Committee for Parkinson Society Canada.
- Marie Saxon, B.S.
 - Financial: None to report
 - Non-financial None to report

Two PPA Group Models: Multi-Modal Training Online Support & Education



Themes

"It has been so helpful to explore other ways of communicating and to intentionally practice them."

"I think I'm stronger with all of this information."

"This has helped ease the pain of dealing with increasing dependency."

"I've learned to be resilient I think, in making adaptations."

"This is a place where you can share with people what you just can't share anywhere else, people who understand what you are going through."

"It was so important to be with others who understand; to connect and have community"



"We've grown in self-confidence through learning compensatory strategies ."

"This is working, it is helping. I've never had the chance to interact with others that have PPA."

"Very helpful to learn ways to communicate that we might not need now, but will in the future."

Lessons learned

- GROUPS for people with PPA are necessary and valuable
- Successful PPA group models are different from traditional Stroke Aphasia/Dementia groups
- Successful outcomes are based on
 1. Adequate research and curriculum preparation
 2. Expectations set at beginning of group formation
 3. Essential three components:
 1. PPA education
 2. Strategy instruction
 3. Emotional support
- Telehealth platforms reduce barriers to system delivery