

Enhancing Partner Training with Improvisational Techniques

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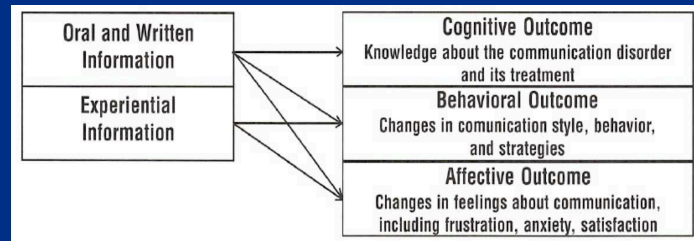
Disclosures

- Relevant Financial Disclosures:
 - Salary from Nova Southeastern University which includes doing medical improv training
- Relevant Nonfinancial Disclosures:
 - Advisory Board, National Aphasia Association



Why improv?

- We learn from experience.



(Hinckley, 2000)

- Most communication and conversation is an improvisation.
- When we learn to acknowledge, accept, and build on the unexpected, we get the most from “teachable/touchable moments”.
- Improvisation – in music, acting, or other – requires fully present listening and acceptance.

This is empathy.

- One more exercise...“Gifts”
- Recommended Resources
 - *If I could understand you, would I have this look on my face?*, book by Alan Alda
 - *Theater Games* by Viola Spolin; violaspolin.org; spolingamesonline.org
 - Medical Improv program at Northwestern University: medicalimprov.org
 - Improvisation and the Art of Medicine (Dr. Belinda Fu): improvdoc.org
 - Alda Center for Communicating Science at Stonybrook University: aldacenter.org

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