# Collaborating with Social Workers to Enhance LPAA Services

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## Objectives

- Incorporate a SW model into the LPAA model
- Build upon the holistic approach to healing the whole person
- Enhance the involvement of family and friends in the healing process
- Gain an understanding for the need for case management

### Introduction

"Although most clinicians recognize the need and value of counseling to serving their clients, we are neither particularly well trained to provide it, (and even if we were) WHO HAS THE TIME?" –Audrey Holland

## Unique Training of SWs that Benefits LPAA Approach

- Social Workers know....
  - Human behavior
  - Psychosocial interventions
  - Interpersonal relations training
  - Social welfare and social policy
  - Legislative process and advocacy
  - Clinical social work approaches that assist individuals with acute, chronic or life-threatening health conditions

## What Can Social Workers Bring?

- Expertise in interpersonal relations
- Cultural sensitivity
- Identity and self-worth post-stroke
- Support to deal with the "New Normal" for member and family
- Connection to resources
- Advocacy

## Interprofessional Program at SCALE

- Case Management
- Counseling
- Resource Connections

- Co-facilitation of Social
  - Network Groups
- Advocacy

### Individual Case Management & Counseling

#### What SLP bring:

- Communication support
- Technology support
- Initial resource referrals

#### What SW can add:

- Ongoing emotional support
- Connection to resources
- Counseling
- Family support

### Individual Case Management & Counseling

#### Case Study

- Male, Late 40's
- Stroke 4 years ago
- Intervention Goals
  - Establish and improve communication with teenage daughters
  - Practice using communication supports
  - "Me, My Friends and Family" Group
- Continued support with SLP student and SW student

## Resource Connections

- Mobility
- VA Services
- Volunteer/Job opportunities
- Housing resources
- Clothing closets
- Dental referrals
- Food pantries







## Resource

"Aphasia Friendly"
Supports

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## Resource Manual

"Aphasia Friendly"
Supports



#### Crisis/Information

#### 2-1-1 MD at UWCM 24-hour Information and Referral Hotline

The 2-1-1 Maryland United Way Helpline can help you access:

- . Foo
- . Shelters and emergency housing for the homeless
- · Access to transitional housing
- Medical care
- Utility assistance
- · Tax help
- · Job training
- Eviction prevention services
- · Family services and counseling
- Day care
- Prescription assistance
- · Suicide prevention and crisis center services

211 (from a local phone) or 1-800-492-0618 (if out of the area)

#### **Adult Protective Services**

410-361-5000

#### Baltimore Crisis Response (Mental Health)

410-433-5175

#### HealthCare Access Maryland (Health Insurance)

410-649-0501

#### Child Protective Services

410-361-2235

#### **Domestic Violence**

410-889-7884

#### **Drug Treatment**

## Co-facilitation of Social Network Groups

- Me, My Friends and Family Groups
- Member Focus Groups
- Family Support Groups





## Advocacy at SCALE

- Advocating for an individual member
- Training
- Connecting with local legislators
  - Housing
  - Medicare/Medicaid

## Learning to Dance Together

- Understanding roles
- Learning the language, technique, style, approach

Collaboration

### Vision for Further IPP Efforts

- Biopsychosocial for every new member and their family
- Ongoing family support group
- Newcomers family group
- Advocacy efforts
- Interprofessional Education in SLP Programs and SW Programs

## Integrating Social Work Services in Your LPAA Program

- One size may not fit all
- Approach a local University
  - Create learning opportunities to educate about aphasia and unique psycho-social issues
- Hire a Social Worker to facilitate groups
- Pursue grant funding to support the social work program

