Hospital Simulation and Interprofessional Education for Future Health Care Professionals Interacting with Persons with Aphasia

Presented at Aphasia Access Leadership Summit Baltimore, MD Roundtable Discussion March 9, 2019

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Student Simulation Experience

Prior to simulation:

- 1. SLP graduate students viewed two videos as well as chart review documents in Learning Management System: One video was an example of a SLP conducting a Bedside Swallow Evaluation (BSE). The other video was an example of a SLP educating Pt/ family about stroke, aphasia, and dysphagia, conducting a speech-language screening, and providing instructions and answering questions regarding swallowing/ diet and facilitative communication techniques. The documents are from the medical chart of the standardized patient ("Bobbie Conners").
- SLP graduate students reviewed the following documents in preparation for their role as the SLP in the simulation:
 - a. What is Stroke?
 - b. What is Aphasia?
 - c. What is Dysphagia?
 - d. Stroke/Aphasia and Dysphagia screenings

On the Actual Simulation Day (SLP Students played the role of either SLP or Family Member):

SLP Instructions:

- 1. Nurse will give Situation, Background, Assessment, and Recommendations (SBAR) oral report to SLP.
- 2. Enter the room, introduce yourself, and wash your hands.
- 3. Check Patient's wristband/ask name to verify you are seeing correct person.
- 4. Educate Pt and family member using "What is Stroke," "What is Aphasia," and "What is Dysphagia" packets.
- 5. Evaluate Patient's expressive/receptive language with screeners after each education (i.e., complete stroke/ aphasia screening after educating on stroke and aphasia and complete dysphagia screening after educating on dysphagia).
- 6. Inform nurses and family regarding communication and swallow/diet strategies to use with Patient.
- 7. Present SBAR oral report to nurse upon completion of your education and screening.
- 8. Answer any questions from the nurse, patient, and family member. Leave handouts with the patient/family before leaving the room.

*As the SLP, you will be rated on your professionalism and use of aphasia-friendly materials and supported communication techniques (e.g., acknowledge Patient's inherent competence, avoid use of sing-song intonation, avoid "quizzing," and allow the patient time to respond).

Family Member Instructions:

- 1. You are no longer an educated SLP student. You are acting as a concerned family member. You may decide what relationship/family member role you are playing.
- 2. Remember, your loved one will be a male or female "standardized patient" (i.e., a community member who has been trained to portray an individual with severe expressive aphasia).
- 3. You don't know supported communication strategies or how to thicken liquids.
- 4. Act like a concerned family member who expects your loved one to return to his or her previous level of functioning.
- 5. Ask the SLP or nurse questions that a concerned family member might ask.
- *As the caregiver, you will be rated on your realistic portrayal of a concerned family member (e.g., no giggling, no hesitation in asking questions, use of a rapid rate of speech).

Patient & Family Member Education

- 1. Provision of aphasia-friendly educational materials
- 2. Use of supported communication techniques throughout
- 3. Life Participation Approach to Aphasia (LPAA)-based screening questions

Interprofessional Education (IPE)/Student Learning Experience

Key elements to maximize effectiveness of simulation:

- 1. Standardized Patient (SP) training
- 2. Student training
- 3. Feedback and debriefing

Selected References

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- 2. Hilari, K., Northcott, S., Roy, P., Marshall, J., Wiggins, R.D., Chataway, J., Ames, D. (2010). Psychological distress after stroke and aphasia: The first six months. *Clinical Rehabilitation*, 24(2), 181-190.
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