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Instructor Guide

**Demonstrations are most effective when done in real time.

Week 1- Splatter painting/ decorating material bins

one week

1. Introductions
2. Points to share about group:
 - a. This is essentially an aphasia group where we do art (still encouraged to talk a lot)
 - b. Last day is Share Day, so think of who to invite (can be anyone including staff)
 - c. We will make invitations at some point (your choice when)
 - d. The final project will be a group project
3. Demo
4. GO!



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Week 2- make the art room snow

one week

1. Self-portrait doodle: Think about bringing photos of yourself/ family/ hobbies etc. that you don't mind cutting up.(deadline next week)
2. Demo
 - a. Yupo paper is best for one-handed blending
3. GO!
 - a. Extra papers can be used as invitations
4. Hang snowflakes around room

Watercolor Salt Snowflakes:

1. Paint with **many** colors



2. Put salt on **wet** paper



3. Use snowflake Punch

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Week 3- coasters (alcohol ink and alcohol)

one week

1. Collect photos for self-portrait doodle
 - a. Can talk about the pictures brought in (sentimental value etc.)
2. Demo
 - a. <https://www.instructables.com/id/Alcohol-Inked-Tile-Coasters/>
3. GO!



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Week 4- Self Portrait doodle

One week

1. Talk about important symbols for them
 - a. How to turn that into shapes- begin to cut out shapes for participants
2. Distribute the guidelines
3. GO!
 - a. Assist them with making symbols out of colored paper (as an alternative to doodling)
4. Frame them (can be continued at home)



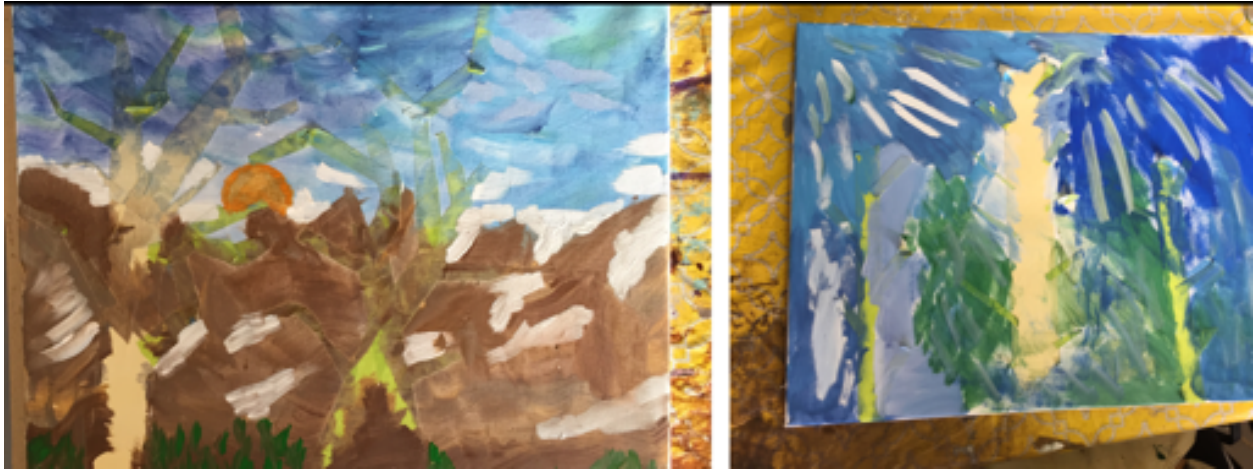
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Week 5 and 6- Birch trees:

Two weeks

Week one:

- tape on tree design on canvas and paint background blue with acrylic paint



Week two:

- splatter with white paint, remove tape and draw tree lines. Paint leaves and other details



- Demo: <https://artprojectsforkids.org/winter-birch-trees/>

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Week 7 and 8 – Group project—theme: Our Passions (shaving cream and food coloring)

Two weeks

- Week one:
 - Demo <https://artfulparent.com/diy-marbled-paper/>
 - Spray shaving cream on aluminum foil, drop food coloring and mix



- GO: make marbled paper
 - Can use extras for invites too
- show them the stamps that we have (ask if they need/ want anything else)
- Week two:
 - Demo
 - GO: Stamp word/ symbol on the paper
 - place all of them beside each other – facilitators to mount on matte

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board and frame. (may be done after group depending on time)



- Talk about how the next week is the last week
- Who are you bringing to share day?
- What project do you want to show them? (may be useful to practice giving instructions)

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Week 9. Last week: Share Day

1. Introductions/ presentation showcasing the process and previous projects that were brought home
2. GO! – 4 centers, each participant and their family choose one project to make
3. ****Reveal the group project****