

## ToastMasters Class Format

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SCALE @ The League

### Participation:

6-8 members with aphasia participated in the class.  
1 facilitator

### Word of the Day:

Each class begins with a member choosing a word of the day. He/she may have their own word in mind or choose from a list provided (ie: [positivewordresearch.com](http://positivewordresearch.com))

Each member shares what that word means to them, inspires in them, reminds them, etc.

### Thought of the Day:

Using the word of the day, the group searches on line resources for inspirational quotes using that word (ie: [brainyquote.com](http://brainyquote.com)) and chooses favorites.

The Word and Thought of the Day are posted for the whole community each week.

### Speech Creation

- The facilitator introduces the speech assignment.
- Video examples are provided, if applicable.
- Some assignments benefited from practice or preparation exercises.
- Some assignments utilized a template to support word finding, organization, etc.
- A member volunteers to create their speech.
- The class works as a group to elicit information, ask questions, request clarifications, helping the member get out their ideas.
- The facilitator takes live notes that are projected from computer to Apple TV.
- The member takes the document home after each class to edit, then decides when it is complete.
- The member then presents the speech to the group and requests feedback.
- The next member volunteers, and so on for each speech 1 through 10.

For each member to complete all 10 adapted speeches took 16 months.